

CREDITABLE AND NON-CREDITABLE FOODS *(For use with Food Based Meal Patterns)*

Foods used to meet meal pattern requirements must be creditable. While the "Other" foods listed do not count toward meeting the meal pattern requirements, they can be served in addition to the required components of a reimbursable meal. When served, these foods must be included in the Daily Production Record.

“OTHER” FOODS

These foods **do not count** toward meal pattern requirements; but **may** be offered as part of a meal.

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| • Bacon | • Ice Cream | • Popsicles |
| • Bacon Bits | • Ice Cream Cones | • Potato Chips |
| • Butter/Margarine | • Jams, Jellies | • Puddings (canned or prepared from mix) |
| • Chili Sauce | • Jell-O | • Relish |
| • Coconut | • Ketchup | • Salad Dressings |
| • Cream | • Mayonnaise | • Taco Sauce |
| • Cream Cheese | • Pepperoni | • Tofu |
| • Frozen Yogurt | • Popcorn | |

FOODS OF MINIMAL NUTRITIONAL VALUE

These foods **MAY NOT** be sold during meal times unless combined with other creditable foods.

- Soda water (pop)
- Water ices
- Chewing gum
- Any candy without (or with little) protein or fat
- Jellies/gums, licorice
- Candy-coated popcorn

REMEMBER THAT...

Potatoes are a vegetable (not a Grains/Bread item). Rice is a Grains/Bread item (not a vegetable).

COMMERCIALLY PREPARED MAIN DISHES

These foods must have a CN label to count toward the meal pattern.

- Canned or Frozen Cheese Sauce
- Canned Ravioli
- Frozen Entrees such as Lasagna, Stuffed Shells, etc.
- Frozen Pizza

CANNED SOUPS

Canned soups count toward the meal pattern requirements only under certain conditions:

- A one-cup serving of vegetable-based soup (such as tomato, vegetable beef, etc.) is equal to ¼ cup of the Vegetable/Fruit component.
- None of the meat or poultry-based soups (such as chicken noodle, beef barley, etc.) count toward the Meat/Meat Alternate component.

CANNED AND FROZEN JUICES

For fruit and vegetable juices to count toward the Vegetable/Fruit component, be sure it is 100 percent juice or it has a CN label telling you how the juice can be credited. If you buy a fruit “nectar,” “drink,” “cocktail,” or “-ade” you are not buying full strength, 100 percent juice.

NOTE: For Nutrient Standard Menu Planning (NSMP), the "Other" foods listed can be served as a menu item in a reimbursable meal. When served, these foods must be included in the nutrient analysis.